



Metamora Grade School - Covid-19 Symptom Guidelines

**Keep symptomatic students home if any of the following symptoms are present.
Students exhibiting any of these symptoms at school will be sent home.**

COVID-like symptoms:

fever (100.4 or higher)	sore throat
moderate to severe headache	vomiting, diarrhea
new cough	shortness of breath
new loss of sense of taste or smell	muscle/body aches

WHEN CAN MY CHILD RETURN TO SCHOOL?

Negative Covid Test

School has received a digital or paper copy of negative Covid test
AND
 Fever free for 24 hours without medication
AND
 Symptoms have improved

OR

Doctor's Note

School has received a Doctor's note stating alternative diagnosis
AND
 Fever free for 24 hours without medication
AND
 Symptoms have improved

OR

10 Day Home Isolation

May return after 10 days (from onset of symptoms)
AND
 Fever free for 24 hours without medication
AND
 Symptoms have resolved

The school nurse must be updated prior to students returning to school from an illness.

If your student has been isolated or quarantined through the local health department, a release letter from the health department is required in order to return.

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