

METAMORA GRADE SCHOOL
October 2020 Lunch (Menu subject to change)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Turkey & Cheese Lunch Kit Cauliflower and Broccoli Florets w/ Ranch Dip Mixed Fruit Milk	2 Taco Salad (Shredded Cheese, Black Beans, Corn) Doritos Apricot Cup Milk
5 Sunbutter & Jelly Sandwich Cheese Stick Carrot Sticks & Grape Tomatoes w/ Ranch Dip Mixed Fruit Cup Milk	6 Hummus & Tortilla Chips Corn Strawberry Cup Milk	7 Pepperoni Pizza Kit Celery Sticks w/ Ranch Dip Mandarin Orange Cup Milk	8 Chef Salad w/ Italian Dressing Breadstick Teddy Grahams Peach Cup Milk	9 Turkey & Cheese Wrap Baked Beans Pineapple Cup Milk
12 NO SCHOOL	13 Hard Boiled Egg Hummus and Crackers Broccoli Florets and Carrot Sticks w/ Ranch Dip Fresh Fruit Milk	14 BBQ Chicken Shaker Salad Breadstick Fruit Juice Milk	15 Turkey & Cheese Lunch Kit Cauliflower and Broccoli Florets w/ Ranch Dip Mixed Fruit Milk	16 Taco Salad (Shredded Cheese, Black Beans, Corn) Doritos Apricot Cup Milk
19 Sunbutter & Jelly Sandwich Cheese Stick Carrot Sticks & Grape Tomatoes w/ Ranch Dip Mixed Fruit Cup Milk	20 Hummus & Tortilla Chips Corn Strawberry Cup Milk	21 Pepperoni Pizza Kit Celery Sticks w/ Ranch Dip Mandarin Orange Cup Milk	22 Chef Salad w/ Italian Dressing Breadstick Teddy Grahams Peach Cup Milk	23 Turkey & Cheese Wrap Baked Beans Pineapple Cup Milk
26 Strawberry Pancakes Yogurt Peas Applesauce Cup Milk	27 Hard Boiled Egg Hummus and Crackers Broccoli Florets and Carrot Sticks w/ Ranch Dip Fresh Fruit Milk	28 BBQ Chicken Shaker Salad Breadstick Fruit Juice Milk	29 Turkey & Cheese Lunch Kit Cauliflower and Broccoli Florets w/ Ranch Dip Mixed Fruit Milk	30 NO SCHOOL

