

METAMORA GRADE SCHOOL
September 2020 Lunch (Menu subject to change)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Hard Boiled Egg Hummus and Crackers Broccoli Florets and Carrot Sticks w/ Ranch Dip Fresh Fruit Milk	2 BBQ Chicken Shaker Salad Breadstick Fruit Juice Milk	3 Turkey & Cheese Lunch Kit Cauliflower and Broccoli Florets w/ Ranch Dip Mixed Fruit Milk	4 Taco Salad (Shredded Cheese, Black Beans, Corn) Doritos Apricot Cup Milk
7 NO SCHOOL LABOR DAY	8 Hummus & Tortilla Chips Corn Strawberry Cup Milk	9 Pepperoni Pizza Kit Celery Sticks w/ Ranch Dip Mandarin Orange Cup Milk	10 Chef Salad w/ Italian Dressing Breadstick Teddy Grahams Peach Cup Milk	11 Turkey & Cheese Wrap Baked Beans Pineapple Cup Milk
14 Strawberry Pancakes Yogurt Peas Applesauce Cup Milk	15 Hard Boiled Egg Hummus and Crackers Broccoli Florets and Carrot Sticks w/ Ranch Dip Fresh Fruit Milk	16 BBQ Chicken Shaker Salad Breadstick Fruit Juice Milk	17 Turkey & Cheese Lunch Kit Cauliflower and Broccoli Florets w/ Ranch Dip Mixed Fruit Milk	18 Taco Salad (Shredded Cheese, Black Beans, Corn) Doritos Apricot Cup Milk
21 Sunbutter & Jelly Sandwich Cheese Stick Carrot Sticks & Grape Tomatoes w/ Ranch Dip Mixed Fruit Cup Milk	22 Hummus & Tortilla Chips Corn Strawberry Cup Milk	23 Pepperoni Pizza Kit Celery Sticks w/ Ranch Dip Mandarin Orange Cup Milk	24 Chef Salad w/ Italian Dressing Breadstick Teddy Grahams Peach Cup Milk	25 Turkey & Cheese Wrap Baked Beans Pineapple Cup Milk
28 Strawberry Pancakes Yogurt Peas Applesauce Cup Milk	29 Hard Boiled Egg Hummus and Crackers Broccoli Florets and Carrot Sticks w/ Ranch Dip Fresh Fruit Milk	30 BBQ Chicken Shaker Salad Breadstick Fruit Juice Milk		

