

**METAMORA GRADE SCHOOL
BREAKFAST MENU
OCTOBER 2016**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Cereal, Toast Fresh Fruit 100% Fruit Juice Milk	4 Pancake Sausage Stick or Cereal, toast Fresh Fruit 100% Fruit Juice Milk	5 Cereal, Toast Fresh Fruit 100% Fruit Juice Milk	6 Long John or Cereal, Toast Fresh Fruit 100% Fruit Juice Milk	7 Cereal, Toast Fresh Fruit 100% Fruit Juice Milk
10 NO SCHOOL COLUMBUS DAY	11 Strawberry Mini Pancakes Sausage Link or Cereal, Toast Fresh Fruit 100% Fruit Juice Milk	12 Cereal, Toast Fresh Fruit 100% Fruit Juice Milk	13 Mini Cinnamon Bagels or Cereal, Toast Fresh Fruit 100% Fruit Juice Milk	14 Cereal, Toast Fresh Fruit 100% Fruit Juice Milk
17 Cereal, Toast Fresh Fruit 100% Fruit Juice Milk	18 Pancake Sausage Stick or Cereal, Toast Fresh Fruit 100% Fruit Juice Milk	19 Cereal, Toast Fresh Fruit 100% Fruit Juice Milk	20 Cinnamon Roll or Cereal, Toast Fresh Fruit 100% Fruit Juice Milk	21 Cereal, Toast Fresh Fruit 100% Fruit Juice Milk
24 Cereal, Toast Fresh Fruit 100% Fruit Juice Milk	25 Scrambled Eggs Bacon or Cereal, Toast Fresh Fruit 100% Fruit Juice Milk	26 Cereal, Toast Fresh Fruit 100% Fruit Juice Milk	27 NO SCHOOL PARENT TEACHER CONFERENCES	28 NO SCHOOL PARENT TEACHER CONFERENCES
31 Cereal, Toast Fresh Fruit 100% Fruit Juice Milk				

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