

Suggested Reading

Brohl, Kathryn and Joyce Case Potter. *When Your Child Has Been Molested: A Parent's Guide to Healing and Recovery*. Jossey-Bass, 2004. Information, comfort and advice on how to put the pieces back together again after a child has been sexually molested.

Fancher, Vivian Kramer. *Safe Kids: A Complete Child-Safety Handbook and Resource Guide for Parents*. John Wiley & Sons, 1991. Among other safety tips, authoritative advice on telling a child "It's your body," signs of sexual abuse, and what to do if your child is sexually abused.

Hyde, Jerry and Terra Hulse. *Child Survival Skills: How to Detect and Avoid Dangerous People*. Bentle Books, 2004. A solid manual for teaching children to protect themselves from dangerous people and predators.

Kraizer, Sherryl. *The Safe Child Book: A Commonsense Guide to Protecting Children and Teaching Children to Protect Themselves*. Fireside Books, 1996. Offers positive safety techniques that parents can use to teach their children how to protect themselves in any situation.

Schwartz, Linda. *The Safety Book for Active Kids: Teaching Your Child How to Avoid Everyday Dangers*. Learning Works, 1995. Designed to be read by parent and child together, offers tips on bicycle safety, house fires, home hazards, and more.

Wagner, Jan. *Raising Safe Kids in an Unsafe World*. Avon Books, 1996. Offers parents and educators thirty simple lessons for teaching children how to respond wisely and safely to threatening situations.

Alimonti, Frederick. Not Everyone Is Nice: Helping Children Learn Caution With Strangers. New Horizon Press, 2003. A preventive tool for helping parents teach safety issues, particularly what children can do when approached by a stranger.

Freeman, Lory. It's My Body. Parenting Press, 1984. Empowers young children with the idea that their body belongs to them, makes it clear that abusers are not always strangers.

Girard, Linda Walvoord. My Body is Private. Albert Whitman & Co., 1992. A motherchild conversation introduces the topic of sexual abuse and ways children can keep their body private.

Cogencherry, Helen. Who is a Stranger and What Should You Do? Albert Whitman & Co., 1993. Helps children learn how to deal with strangers in public places, on the telephone and in cars; emphasizes that the best thing to do is to run away or talk to a trusted adult.

Hegler, Linda. Be Safe, Jane, Be Safe! Teaching Children About Personal Safety. Youthlight, 2004. Help for children in recognizing potentially dangerous situations, including what to do if lost, rules for walking or riding a bike, being approached by a stranger, using the Internet wisely, and more.

Hindman, Jan. A Very Touching Book...for Little People and for Big People. Alexandria Associates, 1983. Provides the proper terms for male and female anatomy, introduces the youngest children to the fact that they have sexual rights in regard to their body, and that no one has the right to abuse them sexually.

Kleven, Sandy. The Right Touch: A Read-Aloud Story to Help Prevent Child Sexual Abuse. Illumination Arts Publishing Co., 1998. A picture book on personal safety that helps young children understand what constitutes good and bad touches, and how to communicate an unwanted contact to adults.

Ottenweller, Jessie. Please Tell! A Child's Story About Sexual Abuse. Hazelden, 1991. Helps the youngest children know that they are not alone, that it's okay to talk about their feelings, and that the abuse was not their fault.

Pancella, Peggy. *Stranger Danger*. Heinemann Library, 2005. Helps children understand what to do in the presence of a stranger, whether on the street, at home, on the phone, or online.

Spelman, Cornelia. *Your Body Belongs to You*. Albert Whitman & Co., 1997. Helps children recognize that their body belongs to them, the difference between good and bad touches, and that any touching that has to be kept secret is not good touching.

Thomas, Pat. *I Can Be Safe! A First Look at Safety*. Barrons Educational Series, 2003. Shows kids what they need to know in order to feel safe in different situations

More Books for Children

I Said No! by Kimberly King, Zach King and Sue Rama

Kidpower Older Kids Safety Comics: An Introduction to "People Safety" for Older Children Ages 9-13 and Their Adults by Irene van der Zande

Kidpower Safety Comics: An Introduction to "People Safety" for Younger Children Ages 3-10 and Their Adults by Irene van der Zande

My Body Belongs to Me by Jill Starishevsky

My Body is Private by Linda Walvoord Girard

NO Trespassing – This is MY Body! by Pattie Fitzgerald

Please Tell! A Child's Story about Sexual Abuse by Jessie (a nine-year-old child)

The Right Touch by Sandy Kleven

The Trouble with Secrets by Karen Johnsen

U Touch I Tell by Chi Hosseinion

Uncomfortable Secrets by Paulina Ponce (Spanish edition available)

A Very Touching Book... by Little People and Big People by Jan Hindman

When I Was Little Like You by Jane Porett

Books for Parents

Child Lures: What Every Parent and Child Should Know About Preventing Sexual Abuse and Abduction by Kenneth Wooden

How to Talk to Your Kids About Really Important Things: Specific Questions and Answers and Useful Things to Say by Charles E. Schaefer and Theresa Foy DiGeronimo

The Kidpower Book for Caring Adults: Personal Safety, Self-Protection, Confidence, & Advocacy For Young People by Irene van der Zande

Predators and Child Molesters: What Every Parent Needs to Know to Keep Kids Safe by Robin Sax

Internet Resources

American Academy of Child and Adolescent Psychiatry:

www.aacap.or//publications/factsfam/sexabuse.htm

U.S. National Library of Medicine and the National Institutes of Health:

www.nlm.nih.gov/medlineplus/childsexualabuse.htm

For a list of government sites on children's safety:

www.kids.gov/k_safety.htm

For information about stranger danger:

www.aboutourkids.org/aboutour/articles/stranger_danger.html

Lists provided by:

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